



# COVID-19 Who Should I Call ?

## I want to know more about COVID-19, who should I call?

For **general** questions about COVID-19, call the IDPH **COVID-19 Hotline** at **1 800 889 3931** or email [DPH.SICK@illinois.gov](mailto:DPH.SICK@illinois.gov). Note the Hotline does not make decisions about who should be tested for COVID-19.



## I am not feeling well and have respiratory symptoms, what should I do?

- Stay home for at least 7 days after you first became ill, or 72 hours after your fever has resolved and symptoms are improving, **whichever is longer**.

### You should consult with your doctor if you have:

- Fever, cough, trouble breathing, or other flu like symptoms that are not better or are worsening after 24-48 hours.
- Mild symptoms and are pregnant, have a weakened immune system, have chronic health conditions or are an older adult (60+).



## Don't call the health department about getting testing

- Your health care provider will determine if you should be tested and, if necessary, contact the health department.
- Health departments do not collect specimens for COVID-19

## I think I need immediate medical attention, who should I call?

- If you need immediate medical attention, and you think you may have COVID-19, call ahead to your health care provider before going in for care. This will allow them to take the right steps to protect themselves and other patients
- If you think you are having a medical emergency, call 911; if you have been exposed to COVID-19, notify dispatch personnel so emergency medical services personnel are prepared.

